

Love is

By Jody C. Moore

Love is
Altruistic
We are not wired
To give love
In exchange for
A thing of value

Love is
An offering
Freely given
To benefit
Another

So that they
May feel
Support
Compassion
Belonging

So that they
May be guided
On their path
To meet their
Full potential

Love is
Bold and brave
And can be felt
In celebration

Love is
Carne Asada nights
Cha cha dancing
Rooting for your team

Love is also quiet
And can be felt
In stillness

A walk in the park
A bench in your yard
A transistor radio
A lucky hat

Love is
Your father pulling you in
for a side hug
Calling your nickname
Saying I'm proud of you

Love is
Holding his hand
while he falls asleep
So he knows
He's not alone

Love is a precious gift
It feels like sunshine
And tastes like sugar

Love is
The most exquisite
The moment
It's taken away